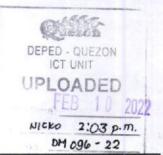


# Department of Education

Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE



09 February 2022

DIVISION MEMORANDUM DM No. 96, s. 2022

#### 2022 DUGOYANIHAN SA DEPED QUEZON: A BLOODLETTING ACTIVITY

To: OIC- Assistant Schools Division Superintendent

Division Chiefs

Section/Unit Heads

Elementary and Secondary School Heads

Division Office Personnel

DRRM District/School Coordinators

School Health Personnel All Others Concerned

- In celebration of the Healthy Heart Month, this Office through the SGOD School Health Section
  will conduct the blood donation activity entitled Dugoyanihan sa DepEd Quezon: A
  Bloodletting Activity on February 17, 2022 at 9:00 a.m. to 11:30 a.m. at Talipan National
  High School Covered Court, Brgy. Talipan, Pagbilao Quezon following the strict minimum
  health and safety protocols.
- The activity aims to continuously promote and support voluntary non-remunerated blood donation, thereby addressing the unprecendented national shortage in this time of pandemic.
   Each drop of blood to be collected is expected to save many lives.
- To make this activity a success, nearby Districts listed hereunder are requested to send at least
   volunteer-donors, in addition to the SDO personnel.

Number of Expected Donors
15
15
15
15
10
70

DEPEDQUEZON-TM-SDS-04-009-003



"Creating Possibilities, Inspiring Innovations"

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon

Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321

Email Address: quezon@deped.gov.ph Website: www.depedquezon.com.ph



# Department of Education

Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE

- Attached hereto is the Criteria of Blood Donor Eligibility and the DOH Safety and Health Protocols on Blood Donation.
- Travel and incidental expenses in the conduct of this activity shall be charged to School Maintenance and Other Operating Expenses (MOOE) or local funds subject to usual accounting and auditing rules and procedures.
- 6. Immediate and widest dissemination of this Memorandum is highly desired.

ELIAS A. ALICAYA JR., EdD

Assistant Schools Division Superintendent Officer-in-Charge

Office of the Schools Division Superintendent





# Department of Education

Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE

Enclosure to DM No. \_\_\_\_\_ s. 2022

#### **BLOOD DONOR ELIGIBILITY CRITERIA**

#### Who can donate blood?

- · Are in good health;
- Are between 16 to 65 years old;
- Weigh at least 110 lbs
- Have a blood pressure between 90-160 mmg/60-100mmg;
- · Pass the physical and healthy history assessment.

### Preparation before donating blood:

- · Have enough rest and sleep;
- No alcohol intake 24hrs prior to blood donation;
- No medications for at least 24hrs prior to blood donation;
- Have something to eat prior to blood donation (avoid fatty foods);
- Drink plenty of fluid, like water or juice.

## SAFETY PROTOCOLS IN THE VENUE

#### All blood donors are expected to:

- Submit at the venue a Health Declaration Form duly validated by the District Nurses in respective district assignments;
- Have temperature check and follow relevant protocols;
- Comply with health requirements implemented in the Division, like wearing of face mask, physical distancing and hand sanitizing; and
- · Follow the DOH guidelines in organizing blood donation.

DEPEDQUEZON-TM-SDS-04-009-003



Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon

Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321

Email Address: quezon@deped.gov.ph Website: www.depedquezon.com.ph



# Department of Education

Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE

## Safety measures that blood organizers need to consider:

- Social distancing measures should be followed at all blood donation sites. Theses measures
  include physical distance, restriction on social norms of handshaking and hugging, reducing
  overcrowding, managing blood donation couches such that one-metre distance is maintained
  between two blood collection areas, calling donors in a staggered manner.
- For the collection of convalescent plasma, the guidelines stated that systems should be in place
  to enable re-entry of cured COVID-19 patients as donors for convalescent plasma for treament
  of those affected by the novel coronavirus.
- Blood donation centres and camp organizers should educate staff and donors on these
  measures and provide facilities like running water, soap, hand sanitizers, personal protective
  equipment, color-coded dustbins.
- Hand hygiene and coughing etiquete must be maintained strictly by all.
- Also, safe disposal of used gloves, masks, caps, and soiled material should be ensured.
   Protocols for proper cleanliness of the equipment used during the blood donation should be maintained.
- Follow procedures for cleaning and disinfecting and increasing the frequency of these activities.

#### Precautions that donors need to take:

- Maintain good respiratory hygiene. COVID testing is not mandatory before blood donation, as transfusion-associated COVID is very rare. However, if a person is experiencing fever or sore throat in the past 1/2 weeks, he/she needs to report it before considering blood donation.
- All donors need to take universal precautions like social distancing measures, wearing masks, and proper hand sanitisation during donation.

DEPEDQUEZON-TM-SDS-04-009-003

